

6th Annual Penguin Plunge Winter Invitational

DATE: Sunday, December 18, 2011

LOCATION: Liberty Township Powell YMCA
7798 Liberty Road
Powell, OH 43065
Phone: 740-881-1058
Directions available at: www.ltpypenguins.com
Click on Penguin Plunge

MEET DIRECTORS: John and Ann Hiltner

Questions or concerns: Contact our Meet Directors
John & Ann Hiltner via email
LTPY.PLUNGE.DIRECTOR@GMAIL.COM

TIME SCHEDULE: MORNING SESSION: Warm-ups begin at 8:00 am.
Teams will be assigned warm-up lanes and times.
Meet begins at 9:10 am

AFTERNOON SESSION will not begin warm-ups before 12:45 pm. **Teams will be notified of afternoon start time after all entries are received and will be assigned warm-up lanes.**
The meet will end by 6:00 pm.

FACILITY: 8 lane, 25 yard pool. Full facility locker rooms & showers

Swimmer camp is located in the gym. Despite our best efforts, the gym may be chilly. Please plan accordingly.

Limited bleacher seating is available on the pool deck. You are welcome to bring your own chairs.

Computer scoring and electronic timing with touchpads; and both electronic and manual stop watches.

ENTRY LIMITATIONS: A swimmer may swim a maximum of **THREE** individual events and **ONE** free relay. All relays will be mixed and must include at least one boy and one girl. (For example, a relay can include two girls and two boys or three girls and one boy).

10 & Under swimmers can compete in the morning session, but points will not be eligible for afternoon session high point awards. Swimmers age on 12/1/11 will determine the age of participation.



Parents and Coaches may enter any 15 & Over events or relays as exhibition. There will be no entry fee cost.

No Deck Entries will be accepted.

Please include the following information in your Team Manager

Entry file:

- Name
- Birth date
- Event
- Seed Time (if known)

SUBMITTING ENTRIES:

Submit yard times for seeding.

Entry file from Meet Manager is available at:

www.ltpypenguins.com

E-mail Hy-Tek entry file to: meganjaycox@hotmail.com

The formats we can accept are Hy-Tek Team Manager file or Meet Manager File. Attached is a Hy-Tek event list to assist you in providing an electronic entry list.



Entries will NOT be accepted until 8am on Wednesday, December 1, 2011 and will be accepted in this order:

- **8am-10am:** Teams who have attended this meet for many years in the past: AYF Flyers, CNYW North Waves, LCFY Sharks, HURY Hurricanes, Jerry Garver EELS, MYST Barracudas, LYST Stingrays, CYRT Rising Tide, GCY Manta Rays, PICY Piranhas, CHY Poseidons
- **2-4pm:** Teams who attended this invitational in 2009, 2010 or 1/2/2011: USA Ridgewood Y Dolphins, RCY Marlins, ZYP Piranhas, LCWE-OH Wildcats, MCY-OH McY Marlins
- **6pm-8pm:** Teams who would like to attend for the first time.

There will be a limit on the number of swimmers attending so that the meet ends by 6:00 pm. **Entries will close when sessions are full.** **No Deck Entries will be accepted.**

SPECIAL NOTES:

Additional entry submissions will be entered space permitting;
Do not resubmit an entry file. Please submit the following information via email to: meganjaycox@hotmail.com

- Name
- Birthdate
- Event(s)
- Seed Time

This meet is open to YMCA Swim Teams.

ENTRY FEES:

\$5.00 per individual event and \$8.00 for relays

Payment is due before the start of the meet.

- **YMCA of Central Ohio teams:** Please submit payment via an I.D.T. to the LTPY account # 520-996-8738.
- **All other YMCA teams:** Bring payment to LTPY on the day of the meet. Please do not bring cash.
Make checks payable to: LTPY Swim Team.

MEET REFEREE:

John McConaghy

Officials - Each visiting team with 10 or more swimmers entered in the meet are asked to provide at least one official to supplement the officials provided by LTPY. Coaches, please provide officials names when you submit your entries.

Trained Officials: If you have any questions please contact John McConaghy @ jmconag@columbus.rr.com

AWARDS:

Individual & Relays

1st – 3rd place –Medals

4th - 12th place – Ribbons

All Swimmers will receive a participant award.

Heat winner awards for all sessions.

High point award for 1st Place Boy & Girl in the following age groups:

6 & Under

7-8

9-10

11-12

13-14

15 & Over

Note: Points scored in 8 & Under and 10 & Under events will count towards age group high points. For example, if a 7 year old

places 5th in the 10 & Under 100 Free, they score 10 points towards the age 7-8 high point.

1st and 2nd Place Banner for winning team (LTPY excluded from team award).

Awards will be sorted by teams and may be picked up by coaches at the end of the meet.

SCORING: Individual Events: 16-13-12-11-10-9-7-5-4-3-2-1
Relays: 32-26-24-22-20-18-14-10-8-6-4-2

RESULTS: This is a timed finals meet. Results will be e-mailed to each participating team and the league.

HEAT SHEETS: **Heat sheets will be sold for \$4.00 each session or \$6.00 for both sessions.** In keeping with the mission of the YMCA, \$1 from each sale will be donated to the Delaware County Food Bank.

PARKING: Available at the YMCA. Overflow parking is available behind Liberty Middle School next to the Y.

SUPERVISION: **Each team will be responsible for providing supervision for their team in the gym.** Please clean-up your area after the meet.

There will be **no bullpen** for the **morning** session, the swimmer (and the team) is responsible for assuring that the swimmers report to their event.

A bullpen **will** be provided for the **afternoon** session – **individual events only**. Teams are responsible for getting 10 & Under relays to the blocks.

CONCESSIONS: **Come Hungry!!! We will be serving fresh hot breakfast and lunch entrees.**

Swimville USA will be present selling swim apparel, equipment and supplies.

Delaware County Bank will be on site with an ATM.

T-SHIRTS: T-shirts can be pre-ordered. The order form & t-shirt design will be available on the Penguin website: www.ltpypenguins.com
Orders due: Saturday, December 3rd.

HOSPITALITY ROOM: Our **OUTSTANDING** hospitality room will be available for **coaches** and **officials** near pool side.

Entry fees due before the start of the meet.

Penguin Plunge Invitational

December 18, 2011

Order of Events – Morning Session

Warm-ups begin at 8:00 am – Meet begins at 9:10 am

A warm-up schedule will be e-mailed to coaches before the meet.

**** PLEASE VERIFY THAT YOU ENTER YOUR SWIMMERS IN THE CORRECT AGE GROUP EVENT ****

<u>GIRLS EVENT NUMBER</u>	<u>EVENT NAME</u>	<u>BOYS EVENT NUMBER</u>
1	11/12, 13/14, 15 & Over – 200 Butterfly	2
3	Open -- 400 Mixed Freestyle Relay	3
4	Open – 800 Mixed Freestyle Relay	4
5	11/12 – 100 IM	6
7	11/12, 13/14 15 & Over – 400 IM	8
9	11/12, 13 & Over – 50 Breaststroke	10
11	11/12, 13/14, 15 & Over – 100 Butterfly	12
13	11/12 – 50 Freestyle	14
15	13/14, 15 & Over – 50 Freestyle	16
17	11/12, 13/14, 15 & Over – 100 Back	18
19	11/12, 13/14, 15 & Over – 200 Breaststroke	20
21	11/12, 13/14, 15 & Over -- 100 Freestyle	22
23	11/12, 13/14, 15 & Over – 200 IM	24
25	11/12, 13 & Over -- 50 Backstroke	26
27	11/12, 13/14, 15 & Over – 200 Backstroke	28
29	11/12, 13 & Over – 50 Butterfly	30
31	11/12, 13/14, 15 & Over – 100 Breaststroke	32

Swimmers may enter up to **3 individual events and 1 relay**.

Mixed relays must include at least one (1) boy and one (1) girl.

NOTES:

Combined age-group events will be scored and awarded as if swum as individual age-group events if the age group is noted separately.

The 50 yard stroke events are 13 & Over and will not be scored as both 13/14 and 15 & Over.

Entry fees due before the start of the meet.

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Order of Events – Afternoon Session

Warm-ups will not begin before 12:45 pm.

Teams will be notified of afternoon start time after all entries are received.

**** PLEASE VERIFY THAT YOU ENTER YOUR SWIMMERS IN THE CORRECT AGE GROUP EVENT ****

<u>GIRLS EVENT NUMBER</u>	<u>EVENT NAME</u>	<u>BOYS EVENT NUMBER</u>
33	8 & Under – 100 IM	34
35	9/10 – 100 IM	36
37	6 & Under – 50 Freestyle	38
39	10 & Under – 100 Freestyle	40
41	8 & Under – 50 Backstroke	42
43	6 & Under, 7/8 – 25 Fly	44
45	9/10 – 50 Butterfly	46
47	7/8 – 25 Freestyle	48
49	6 & Under – 25 Freestyle	50
51	7/8, 9/10 – 50 Freestyle	52
53	8 & Under – 50 Breaststroke	54
55	6 & under – 25 Backstroke	56
57	7/8 – 25 Backstroke	58
59	9/10 – 50 Backstroke	60
61	6 & Under, 7/8 – 25 Breaststroke	62
63	9/10 – 50 Breaststroke	64
65	8 & Under -- 100 Mixed Free Relay	65
66	10 & Under – 200 Mixed Free Relay	66

Swimmers may enter up to **3 individual events and 1 relay.**

Mixed relays must include at least one (1) boy and one (1) girl.

NOTES:

Combined age-group events will be scored and awarded as if swum as individual age-group events if the age group is noted separately.

The 100 free will be scored as 10 & Under (and not broken down into 6 & Un/7-8).