

Cambridge YMCA Rising Tide

Standard Dual Meet Event List Yards

Swimmers may swim two (2) individual events, one (1) medley relay and one (1) freestyle relay or three (3) individual events and one (1) for a total of four (4) events. Where scoring is agreed to by the coaches, the Senior events will be scored as 13-14 and as 15 & Over age groups. Events may vary with mutual consent by all teams involved.

Event #		Event		Session
1	Women	8 & U	100 Medley Relay	1
3	Women	9-10	200 Medley Relay	1
5	Women	11-12	200 Medley Relay	1
6	Men	11-12	200 Medley Relay	1
7	Women	13-14	200 Medley Relay	1
9	Women	15 & O	200 Medley Relay	1
10	Men	15 & O	200 Medley Relay	1
15	Women	10 & U	200 Free	1
19	Women	13-14	200 Free	1
21	Women	15 & O	200 Free	1
23	Women	8 & U	100 IM	1
25	Women	9-10	100 IM	1
26	Men	9-10	100 IM	1
27	Women	11-12	100 IM	1
32	Men	15 & O	200 IM	1
33	Women	8 & U	25 Free	1
34	Men	8 & U	25 Free	1
35	Women	9-10	50 Free	1
36	Men	9-10	50 Free	1
37	Women	11-12	50 Free	1
38	Men	11-12	50 Free	1
39	Women	13-14	50 Free	1
40	Men	13-14	50 Free	1
41	Women	15 & O	50 Free	1
42	Men	15 & O	50 Free	1
45	Women	10 & U	50 Fly	1
46	Men	10 & U	50 Fly	1
47	Women	11-12	50 Fly	1
49A	Women	11-12	100 Fly	1
50B	Men	13-14	100 Fly	1
51	Women	15 & O	100 Fly	1
53	Women	8 & U	50 Free	1
54	Men	8 & U	50 Free	1
55	Women	9-10	100 Free	1
56	Men	9-10	100 Free	1
57	Women	11-12	100 Free	1
59	Women	13-14	100 Free	1
60	Men	13-14	100 Free	1
61	Women	15 & O	100 Free	1
62	Men	15 & O	100 Free	1
63A	Women	11-14	500 Free	1
69	Women	8 & U	25 Back	1
70	Men	8 & U	25 Back	1
71	Women	10 & U	50 Back	1
72	Men	10 & U	50 Back	1
73	Women	11-12	50 Back	1
75B	Women	13-14	100 Back	1

Dual Meet Events

Event #		Event		Session
76B	Men	13-14	100 Back	1
77	Women	15 & O	100 Back	1
78	Men	15 & O	100 Back	1
79	Women	8 & U	25 Breast	1
80	Men	8 & U	25 Breast	1
81	Women	10 & U	50 Breast	1
82	Men	10 & U	50 Breast	1
83	Women	11-12	50 Breast	1
84	Men	11-12	50 Breast	1
85B	Women	13-14	100 Breast	1
86A	Men	11-12	100 Breast	1
88	Men	15 & O	100 Breast	1
89	Women	8 & U	100 Free Relay	1
91	Women	9-10	200 Free Relay	1
93	Women	11-12	200 Free Relay	1
94	Men	11-12	200 Free Relay	1
95	Women	13-14	200 Free Relay	1
97	Women	15 & O	200 Free Relay	1
98	Men	15 & O	200 Free Relay	1